



**CAROLINASCHIROPRACTIC**  
AND SPINAL REHAB

**Decompression New Patient Intake Form**

Name: \_\_\_\_\_ Date of Birth: \_\_\_/\_\_\_/\_\_\_ Today's Date: \_\_\_/\_\_\_/\_\_\_

Reason for Visit: \_\_\_\_\_

When did your symptoms begin? \_\_\_\_\_

What other treatment have you utilized? \_\_\_\_\_

Are your symptoms: Getting Better    No Change    Getting worse

What makes it better: Rest    Ice/heat    movement    Medication    Other: \_\_\_\_\_

What makes it worse: Rest    Activity    Lifting    Walking    Sitting    Other: \_\_\_\_\_

Describe your pain: Sharp    Dull    Achy    Stiff    Tight    Shooting    Stabbing    Other: \_\_\_\_\_

**Previous Health History:**

Have you had any images taken: Yes    No    If Yes: MRI    Xray    CT Scan    If so, date: \_\_\_\_\_

Have you had any surgeries: Yes    No    Procedure, date: \_\_\_\_\_

Are you currently taking any medications: Yes    No    If Yes: \_\_\_\_\_

Are you Pregnant: Yes    No

All medical procedures involve risk/side effects. The most common risks/side effects associated with Spinal Decompression are soreness, muscle spasms, and increased pain. Most often, when experienced, the side effect is temporary. The benefits of Spinal Decompression include: pain relief, improved function, reduced disability, intradiscal healing. If you understand the above and give consent to proceed with treatment, please sign and date below.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Office Use: